

RE-STORY-IN

International Expressive Arts Spring Symposium
Three day online EXA conferences
April 2, 3 & 4, 2024

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...
*we shall be
comfortably confused*,
don't we
it happens suddenly
the whisper
the refreshing click
the enlarging circle
the handful hope
between us,
rising.*

© MARGO FUCHS KNILL
EXCERPT FROM A POEM DEDICATED
TO LATE PAOLO'S 91. BIRTHDAY,
JUNE 11 2023

“RE-STORY-IN” Virtual Conferences 2024

THE INTERNATIONAL NETWORK OF EXPRESSIVE ARTS
THERAPY TRAINING CENTERS

Dear friends, colleagues and alumni,

We are thrilled to extend our heartfelt invitation to the Expressive Arts Virtual Conferences called “RE-STORY-IN”, created by the **International Network of Expressive Arts Therapy Training Centers**, taking place on **April 2nd, 3rd, and 4th, 2024**.

May this be a small window to restore our senses through immersing ourselves in the captivating beauty of the arts. Just as the butterfly effect demonstrates how small actions can have far-reaching consequences, we believe that our collective efforts to come together online, “enlarging our circle”, can alleviate our hearts, minds and bodies, by decentering from the confusion and injustices happening in the world today. Let us witness the stories as they unfold, weaving narratives of “handful hope” and envisioning possibilities for change. As we come together, binding cultures and nations, we create a beautiful tapestry of peace, hope and unity.

Like caterpillars within their cocoons, it is now the time to blossom into butterflies. Spring is the perfect moment to spread our wings, take flight, refresh and restore our minds and bodies. And as “Earhtlings” that we are, may we “trust the process”, despite all difficulties, finding new perspectives and “re-story-in” all that is alive in our physical and spiritual world.

By participating in this event, you will have the opportunity to:

- Engage in thought-creative discussions and lectures led by renowned experts in the field.
- Learn about institution's achievements and initiatives in the realm of expressive arts.
- Network with other EXA experts and establish valuable connections within the international EXA community.
- Gain insights into emerging trends and best practices in expressive arts education.

Let us dance in the space of enchanting tales, where butterfly wings carry threads of wisdom from distant lands. Together, we will create a symphony of voices, weaving narratives of profound significance, forging connections and fostering camaraderie with new colleagues within our international community.

We extend our gratitude to **Roseline De Thelin**, the talented artist who created the stunning imagery for our Online Spring Symposium 2024. We would also like to express

our deep appreciation to **Margo Fuchs Knill**, esteemed Professor and accomplished poet, for graciously sharing her profoundly moving poems for this event. We are also grateful to **Melinda Ashley Meyer** for her unwavering commitment to providing us with guidance, structure, and compassionate support. Lastly, we extended our appreciation to all the lecturers of the event. We appreciate not only their valuable contributions to the symposium but also we celebrate the incredible work they do in their parts of the World.

LECTURERS

The speakers are teachers and directors of **The International Network of Expressive Arts Therapy Training Centers** flourishing in the world through which we are generating work that aims to improve the quality of life of people and communities in the search of a healthier, peaceful existence and coexistence.

The participants will remain mainly in one group and will be sent into subgroups when needed for reflexions, creative excercises and networking purposes.

PRACTICAL INFORMATION

Dates: April 2nd, 3rd and 4th, 2024

Schedule: 18:00 - 21:00 Central Europe (CEST)

For other regions please check timetable below

Place: Online- on Zoom

Language: English

Tuition: €150 (Euro) / \$160 (USD)



ABOUT THE LECTURERS & TEACHERS

The Online Expressive Arts Spring Symposium 2024 it's a journey where 14 renowned teachers and directors will accompany us for a virtual experience. The lecturers, such as Varvara Sidorova will delve into the realm of cross-cultural expressive arts based research, shedding light on the meeting point of different cultures through artistic expression.

Margo Fuchs Knill's lecture will take the form of a hybrid poetic participatory presentation, engaging the audience in an immersive experience. Barbara Hielscher-Witte's talk will explore the concept of going beneath the visible surface, offering an excursion into the hidden layers of our surroundings. Minna Hujannen will discuss the practical applications of Exa work in Finland, showcasing its relevance in real-world scenarios. Soômi Dean and François Lacroix from L'ATELIER Expressive Arts Institute will explore the integration of new media tools in expressive arts practice. Ellen Yang will delve into practical expressive arts therapy for autism and beyond.

Finally, Sylvia Ketelhohn and Victoria Uribe Jinich, the hostess of the Online Expressive Arts Spring Symposium 2024, have not only curated a captivating event but will also unveiled a visionary preview of the Spring Symposium 2025 in Costa Rica. They will lead the warming ups for the events, setting the stage for an extraordinary community art facilitated by Judith Greer Essex; who will be accompanied by Margareta Warja's enchanting music and Margo Fuchs breathtaking poetry.

This symposium promises an immersive experience blending art, community, and inspiration. Be part of it!

Earth Angel[1]

*The angel inside of you
weeps with your
sadness
takes off with your
enjoyment
inspires your
practitioner of life*

*here we are
half angel half human
the middle a
vulnerable heart
day after day we tell
each other
stories to hold out the
devouring beast
here we are
in the lost paradise
that gives us
a second chance.*

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[1] FROM: TRUST THE PIANOFISH:
SHAUN MCNIFF AND THE
MAGICALLY REALISTIC EXPRESSIVE
ARTS



ABOUT THE LECTURERS

The esteemed faculty for the Online Expressive Arts Spring Symposium brings a wealth of knowledge and experience to guide participants through a transformative journey. Each lecturer is a seasoned professional, contributing unique insights to the world of expressive arts therapy.



Andrea Grieder: Ethnologist, poet, and performance artist, Andrea Grieder brings a rich background in cultural mediation and poetry training, currently leading the InArtes institute and serving as the director of Transpoesis.



TAE Peru is a Lima-based school specializing in programs and diplomas in expressive arts therapy. It is one of the oldest schools from the EGS network module providers around the World.



Margo Fuchs Knill, is a distinguished professor and poet, and Founding Dean of the Masters in Arts Program at EGS (The European Graduate School). She practices privately, teaches internationally, and has authored numerous poetry books. Margo's recent textbook with Sally Atkins, "Poetry in Expressive Arts," is acclaimed and translated into Chinese.



Margareta Wärja is the Director of Expressive Arts Sweden and a psychotherapist in private practise. Her work is focused on music and expressive arts from a relational and body-oriented approach. Margareta's PhD research addressed expressive arts in cancer rehabilitation.



Roseline de Thélin is a versatile artist and expressive arts teacher who explores the interplay between art and consciousness. Using mixed media, she blends analog and digital elements, creating captivating works that delve into reality, memories, and evolution. From collages to performances, Roseline's art reflects perceptual shifts and visions of the past and future.



Barbara Hielscher-Witte, CAGS, Ph.D. Cand.: Founder and Director of Step ahead, she is a certified Music Therapy Lecturer, Eurhythmics Teacher, psychotherapist, and supervisor, with a focus on intermodal artistic processes.



Varvara V. Sidorova, Ph.D., REAT, is the director of the Expressive Arts Institute "Arts and Consciousness," an associate professor at Moscow State University, and the founder of the Expressive Arts Therapy Association in Russia.



Fulya Kurter Musnitsky is the founder and Program Director of Expressive Arts Institute Istanbul. She is a psychotherapist, facilitator, and supervisor specializing in Expressive Arts and Psychodrama. With her own private practice, she is currently pursuing her Ph.D. in Expressive Arts at EGS.



François Lacroix is MA in Education, art therapist with federal diploma, is teacher, supervisor and program coordinator at L'ATELIER. He is also coordinator of LabOo new media for 10 years.



Soömi Dean is MA in expressive arts, is Director of the expressive arts institute L'ATELIER in Geneva/Switzerland. She practices and teaches expressive art therapy and art with a focus on life histories and anthropology.



Minna Hujanen: An Expressive Arts Therapist and an Educator of expressive arts therapy in Inartes Institute Finland. She has a humanistic background in art education and fine arts. She is also a soon-to-be-occupational therapist.



Ellen Yang, a Registered Clinical Counsellor and Expressive Arts Therapist with 25+ years of experience, specializes in stress, anxiety, depression, trauma, autism, and developmental differences, offering holistic and creative approaches for empowerment and well-being in Vancouver through teletherapy and in-person sessions.



Sylvia Ketelhohn: Founder of ASART and the AELat Study and Research Center, Sylvia Ketelhohn has extensive experience managing cultural projects and executing arts-based initiatives for social transformation in collaboration with various organizations and government institutions.



Victoria Uribe Jinich: A psychotherapist with a Master's Degree in Transdisciplinary Art Therapy, Victoria Uribe Jinich focuses on human development, emotional well-being, and ecological awareness, implementing workshops and collaborations in diverse communities.



Judith Greer Essex, Ph.D.: Founder and Director of the Expressive Arts Institute, San Diego, Judith Greer Essex is a Registered Expressive Arts Therapist and Licensed Marriage and Family therapist with a specialization in dance therapy and improvisational performance.



TECHNICAL REQUIREMENTS

Make sure that you have a stable internet connection, speakers, microphone and camera in well shape on your computer.

REGISTRATION FORM

For payment details, questions, comments, or if you are unable to fill out the form please contact us at:

WhatsApp link: +(506) 8323-3044



ASART

Sylvia Ketelhohn /
ASART-AELat

Cuenta de WhatsApp Business

*What remains – essential?
Where does life live? I mean, where is it
when despair sits in the garden
and fear locks the door?
When rage storms tender hearts?*

*You say, we are more than neighboring
we are sisters and brothers
earthlings with a strong will
rising, gliding through destiny's cracks?*

*I believe in the next. Also in stuck-ness.
Also in the force of the arts,
my hands who can hold a brush, a pencil
to scratch the surface. Belly, hips, legs and feet
that have me loosening up for the dance
and the chorus, this heart opener
for peace.*

© Margo Fuchs Knill



Timetable

SCHEDULE

Time Schedule	April 2nd 2024	April 3rd 2024	April 4th 2024	April 5th 2024
18:00 18:20	<ul style="list-style-type: none"> Welcoming Introduction Opening Ceremony Community Art 	Opening ritual Music, poem, stretching. Intention of the day	Opening ritual Music, poem, stretching. Intention of the day	<i>Directors Meeting</i> <i>Agreements</i> 2025
18:20 18:40				
18:40 19:00	Lecture 1 Margo Fuchs Opening Lecture	Lecture 5 Minna Hujannen	Lecture 9 Martin Zavala	
19:00 19:10	Aesthetic Reponse questions	Aesthetic Reponse questions	Aesthetic Reponse questions	
19:10 19:20	Break	Break	Break	
19:20 19:40	Lecture 2 Varvara Sidorova	Lecture 6 Fulya Kurter	Lecture 10 Barbara Hielscher	
19:40 19:50	Aesthetic Reponse questions	Aesthetic Reponse questions	Aesthetic Reponse questions	
19:50 20:10	Lecture 3 Soomi Dean Francois Lacroix	Lecture 7 Ellen Yang	Lecture 11 Margareta Wårja	
20:10 20:20	Aesthetic Reponse questions	Aesthetic Reponse questions	Aesthetic Reponse questions	
20:20 20:30	Break	Break	Break	
20:30 20:50	Lecture 4 Andrea Grieder	Lecture 8 Roseline De Thelin	Presentation of Spring Symposium 2025	
20:50 21:00	Aesthetic Reponse Questions Good Bye	Aesthetic Reponse Questions Good Bye		Community Art Closure Ceremony



Time Schedule	Canada Toronto & Florida, USA	Canada Vancouver	Central Europe	Costa Rica México	Finland	Ireland	Perú	Russia Moskow & Turkiye	USA-San Diego
Start	12:00	09:00	18:00	10:00	19:00	17:00	11:00	20:00	9:00
Lecture	12:40	09:40	18:40	10:40	19:40	17:40	11:40	20:40	9:40
Break	13:10	10:10	19:10	11:10	20:10	18:10	12:10	21:10	10:10
Lecture	13:20	10:20	19:20	11:20	20:20	18:20	12:20	21:20	10:20
Lectura	13:50	10:50	19:50	11:50	20:50	18:50	12:50	21:50	10:50
Break	14:20	11:20	20:20	12:20	21:20	19:20	13:20	22:20	11:20
Lecture	14:30	11:30	20:30	12:30	21:30	19:30	13:30	22:30	11:30
Good Bye	15:00	12:00	21:00	13:00	22:00	20:00	14:00	23:00	12:00

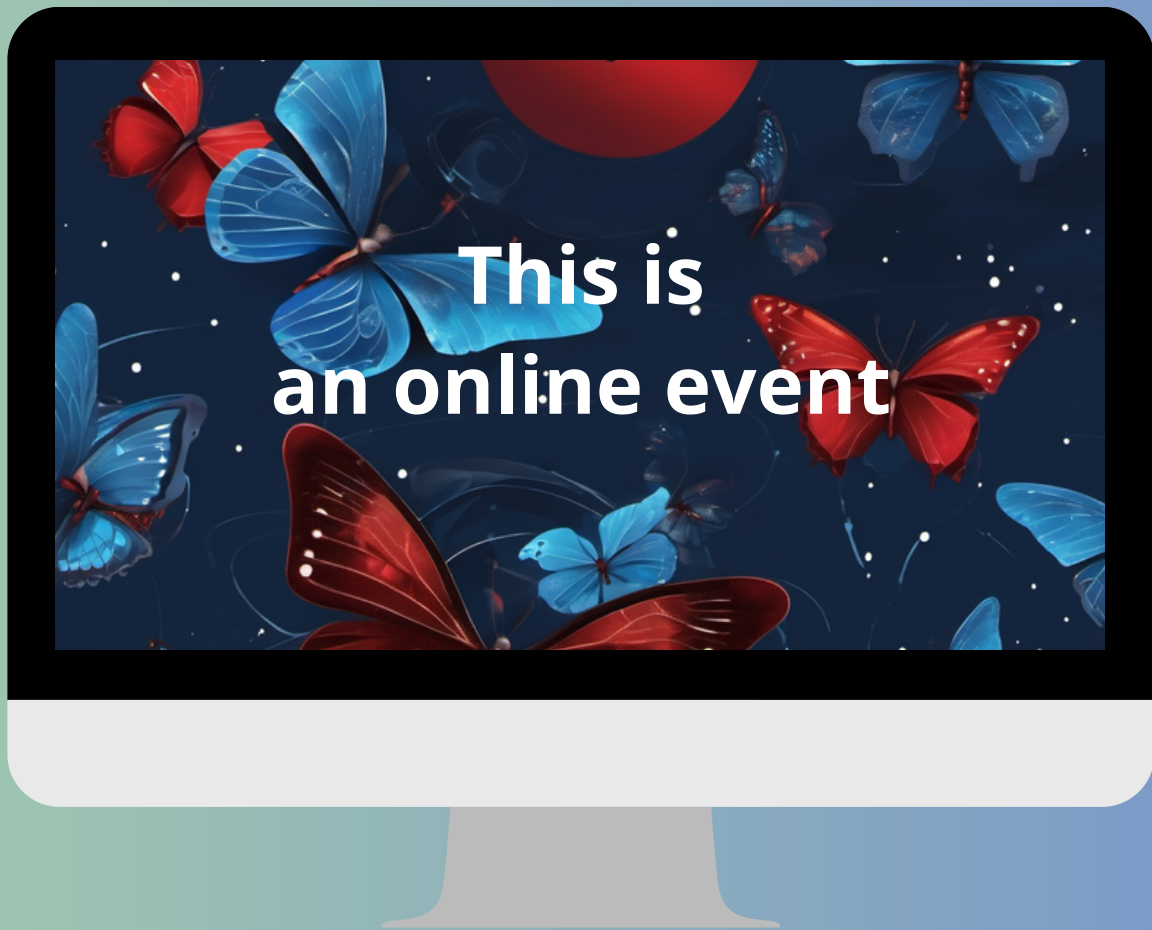


Dates for our upcoming events in Hong Kong, the Philippines, and South Korea will take place on April 3rd, 4th, and 5th, with each session commencing in the early hours at or after midnight local time.

To ensure coordination and attendance from all participants, I kindly request that you confirm the time difference between these locations and Switzerland. Your prompt confirmation will assist us in facilitating seamless communication and scheduling adjustments as necessary.

Thank you for your attention to this matter. Should you require any further information or assistance, please do not hesitate to contact me.

Special schedule Specifications for Asia	Hong Kong & Phillipines	South Korea
Start	00:00	01:00
Lecture	00:40	01:40
Break	01:10	02:10
Lecture	01:20	02:20
Lectura	01:50	02:50
Break	02:20	03:20
Lecture	02:30	03:30
Good Bye	03:00	04:00



Notification

Kindly be informed that, in case a participant needs to cancel or is unable to attend the virtual Symposium, the registration fee is non-refundable under any circumstances. If a cancellation is received within 30 days before the training commences, a 50% reimbursement of the training cost will be provided. For cancellations within 15 days before the training, the full balance is due. Exceptions can be made. If the organizers cancel the training due to unforeseen circumstances or failure to meet the minimum number of participants, all funds paid by the participants will be refunded. It's important to note that the organizers cannot be held responsible for any additional expenses or losses incurred by the participant.